

Next Re-Generation

1st of July - 31st of December
2020

Nessonas, Larissa (Greece)

Self sufficiency
Permaculture
Natural Building
Regenerative
agriculture
Community living



aciphoria

regenerative permaculture project



WHO WE ARE

Cob.Gr / αειφóρια farm is a social cooperative which primarily started as an educational project to spread the know-how and ideology behind natural building and bioclimatic architecture guided by the safe management of resources and energy.



WHO WE ARE

Nowadays,
expanded to more holistic
activities involving with many
aspects of sustainable
development such as renewable
energies,
upcycling and recycling, food
harvesting and processing,
permaculture, regenerative
farming and so on.



WHO WE ARE

Our organization has been active in the field of youth and adult education for seventeen years. It has developed its own training methods, workshops, and courses and has organized multiple educational activities around sustainability and ecology.



WHO WE ARE

Except of its action in a national and international level, it possesses a farm which is a field of experimentation and practical implementation of such techniques and technologies. Also a lot of our workshops take place there.



WHO WE ARE

We establish a network of professionals, of more than 1,500 volunteers, community building and of those who are interested in green development.



NEXT RE-GENERATION ESC PROJECT

- Learning hands-on to construct with different natural building techniques (adobe bricks, wood, wattle and daub, cob, earthbags, rammed earth, etc)
- In terms of sustainable development and permaculture ethics, we should learn how to live in healthier and low footprint houses. We will gather local natural resources and build constructions like ovens, dehydrators, rocket stoves, etc)
- Community life. During the project, the people living in the same space will share responsibilities (Cooking, cleaning of common spaces, etc), personal space and everyday activities concerning the village life.
- Educational excursions to other farms and projects in Greece, so that there the participants see more examples in practice.
- Organizing workshops for children and adults about self-sufficiency

NEXT RE-GENERATION ESC PROJECT

- Fabricating natural cosmetics (soaps, toothpaste, ointments, etc)
- Regenerative Agricultural - Farming activities: Beekeeping, nurseries with traditional seeds, preparation of vegetable beds, compost soil making, etc
- Food processing: Dehydrating and fermenting fruits and vegetables, making preserves, marmalades, pickles, sauces, cider vinegar, etc.
- Animal rearing: Everyday care of the poultry (Feeding, cleaning, etc)
- The Green Basket project: Every week we will deliver baskets filled with fresh vegetables, fruits, cosmetics, and processed food to consumers from the closest city. Part of our Community Supported Agriculture (CSA) project
- Permaculture Design of Ecosystems: Learning how to holistically design spaces so that they will use minimum resources and transition to resilient habitats.



WHERE?

**Nessonas is a small village in
the center of Greece**

**Surrounded by mountains and
seas**

**The farm is a small
community inside the village**



- Accomodation in buildings made of natural materials
- Organic food produced by the farm





REQUIREMENTS

1. Age 18-30 years old
2. Willing to live a simple and low tech farm life
3. Eager to participate in community life
4. Eager to gather holistic knowledge and practice around sustainability
5. **SEND AN EMAIL TO XKONTOM@GMAIL.COM AND HAVE AN INTERVIEW WITH OUR GROUP**
6. We keep an eye on the updates of the COVID-19

**We see if we match together
and we proceed!!**

SEE YOU!



aeipHoria

regenerative permaculture project

