



Infopack of „Volunteers around Veszprém” short term Erasmus+ voluntary project



LÉLEKTÉR FOUNDATION
Veszprém, Hungary

Dear Volunteer/Applicant,

The team of Lélektér Foundation looking forward to meet you in Veszprém, Hungary among a frames of a short term Erasmus+ voluntary project, based on propagating the opportunities provided by the European Union with the Erasmus+ system.

The project provides development of the varying competencies of the volunteers. We support them to achieve their personal aims, motivate them to get involved in self and community development activities by using their creativity and the gained experiences.

Our project will be implemented in Veszprém (population: 60,000) which is one of the oldest urban areas in Hungary, and a city with county rights.

The town is called “Queen’s city” based on the Hungarian history. Veszprém is the home of University of Pannonia which is the 6th strongest university in Hungary. It lies on seven hills, approximately 15 km from the north of the Lake Balaton and 10 km from Bakony mounts.

It is the administrative center of the county of the same name. Veszprém lies on both sides of the Séd creek, around 120 km from Budapest. It can also be reached from Győr and from Székesfehérvár which are also exits with county rights. Veszprém provides local buses in order to reach the different parts of the city. Out of the town there are also public transportations: buses and trains. Around the city there are bicycle roads to reach the nearest villages and the Lake Balaton.



1. ábra Castle of Veszprém and the Hills of Benedek

Lélektér Foundation

Lélektér Foundation was created in 2009 by some specialists of the civil sphere.

In the beginning of the organization life the main line were the prevention of using drugs and raise up a few well qualified young people who could be able to help their contemporaries who had problems in their social life.

The organization also organized events for the local youngsters for example: Movie night, Tournaments of Ping Pong with, Karaoke night, etc...

In the past few years the organization started to focus to the Erasmus+ Programme: We started to host foreign volunteers for 1 year (Long-term EVS project) and also started to implement Youth Exchange projects.

For now, we are happy to say that we could provide Long-term EVS opportunities for more than 25 young people from Germany, Malta, Turkey, Austria, Esthonia, Poland, Bulgaria and Romania and also provided Youth Exchange opportunities for more than 200 foreign young people.

For more about us: <https://lelekteralapitvany.com/>

on Facebook: Lélektér Alapítvány



About the project

Participants

<i>Country</i>	<i>Organization</i>	<i>Participants</i>	<i>Total</i>
Malta	Yours Empowerment Group	4	20
Turkey	ANTALYA TURKUAZ YOUTH SPORT CLUB ASSOCIATION	4	
Latvia	Arodbiedriba Evolution Trade Union	4	
Spain	La Vibria Intercultural	4	
Lithuania	ASOCIACIJA AKTYVUS JAUNIMAS	4	

Accommodation

Under negotiations with dormitories. We will inform all the volunteers once if we choose the most suitable accommodation

Cost of the travelling

We will purchase the flight tickets for all the volunteers in a cooperation with the sending organizations

Pocket money

90 euros for each participants in a month

Food money

120 euros for each participants in a month

Insurance

Sending organizations need to enter the volunteers into Cigna insurance 2 weeks before the arrival day

Certification

Youthpass certification will be issued by the Lélektér Foundation

„Keep the city active” short term EVS project last 2 months including 20 volunteers.

16th of September to 15th of November

Place of the activity: Veszprém, Hungary

The aim of the project is the propagate the opportunities provided by the Erasmus+ Programme

Planned activities during the implementation are:

- **Outdoor and indoor workshops, presentations**
- **Preparing for the Youth Day of Veszprém**
- **visiting the high schools in Veszprém and propagate the Erasmus+ Programme**
- **recording videos about the Erasmus+**
- **participate in local events such as Cartoon Festival and the Day of the Democracy**

Selection criterias

The program is opened to young people between 18-30. The volunteers need to have medium level of English, they should be open-minded, creative and flexible.

Contact

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Facebook: **Lélektér Alapítvány**