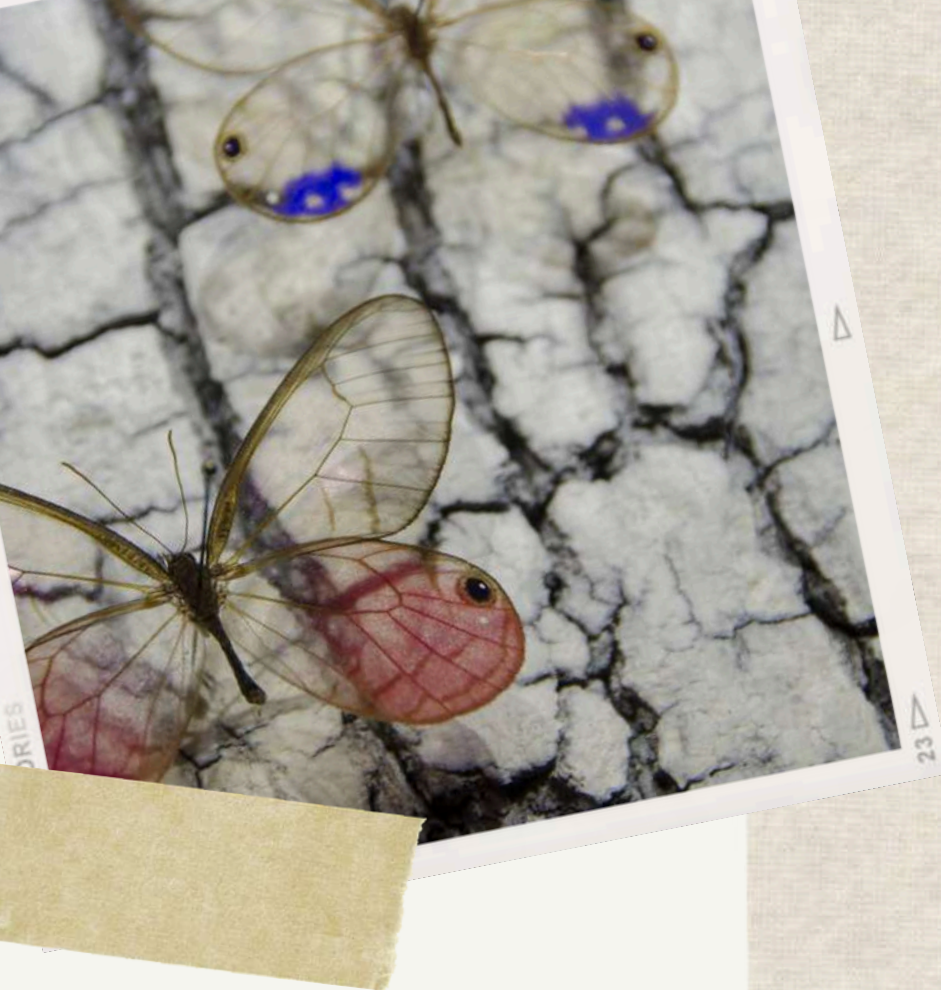




Team For Healthy
Life 2.0 (T4HL2)



BUTTERFLY HOUSE BORDANO (UD), ITALY

ESC volunteering teams project

T4HL2
Team For Healthy Life



Co-funded by the
Erasmus+ Programme
of the European Union



Joint



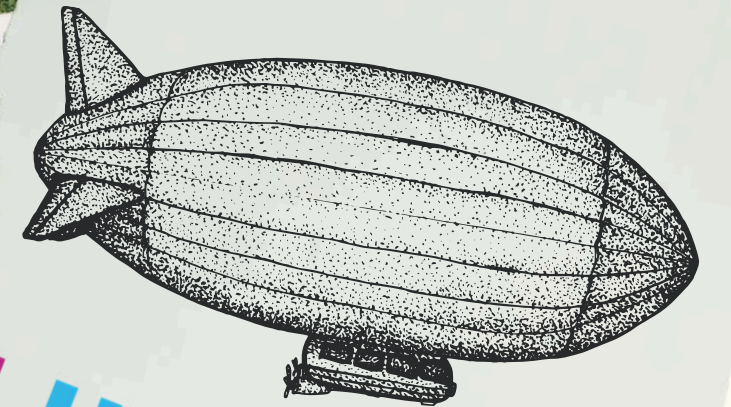
Team For Healthy Life 2.0 (T4HL2)

The general aim of the project, in accordance with the priorities set for 2021, is to promote well-being and a healthy lifestyle for volunteers and local communities, as all the volunteers will carry out activities specifically addressing this aspect.

Given the impact that COVID-19 had on youngsters in Europe, therefore, this project will be the chance for young people to reclaim space for socialization in a healthy and safe way, while at the same time engaging in volunteering activities fostering the inclusion of vulnerable groups and a public discussion on health and wellbeing in their communities.

The activities of the project, include these specific topics, in accordance with the organization's expertise and the needs of the local community:

- nature and outdoor life
- mental health
- preventive healthcare/health promotion
- conscious nutrition



T4HL2
Team For Healthy Life

ASSOCIAZIONE DI PROMOZIONE SOCIALE JOINT

WHO ARE WE?



Joint

Associazione Joint is an association of social promotion from Milan, active since 2003, that offers international mobility and non-formal education opportunities to young people.

We specialize in projects related to non-formal education and intercultural learning mostly addressed to young people between 18 and 30 years old, trying to include participants with fewer opportunities.

Our main activities are related to Erasmus+: Youth Programme, financed by the European Commission whose objective is to promote education through low costs international mobility projects and to improve the skills of young people, organizations, and youth workers. In particular, we promote activities related to Erasmus+ Programme, such as: European Solidarity Corps (ESC), International Exchanges, Training Courses, Capacity Building and Strategic Partnerships, etc





Joint

Associazione Joint

Milan – Italy

You can also check out information here:

<https://associazionejoint.org>

<https://youthforeurope.eu>



Farfalle nella testa is a cooperative society that deals with communication of science and public engagement with science. It has been founded in 2013, bringing together different competences (management, scientific advice, research, exhibition design, educational projects, technology and communication) from people with a great experience in science museums, science centres, zoos, aquariums, research groups



Farfalle nella testa Instagram page



Farfalle nella testa Facebook page

BASIC PROJECT INFO

A

WHEN:

29/08 – 29/10/2024

B

WHO:

14 volunteers (residents of Italy and EU countries); aged 18–30;
previous short/long term ESC participants can also apply.

C

POCKET MONEY AND TRAVEL:

The volunteers will receive an amount of 17€ per day to cover personal expenses and travel costs.

D

ACCOMMODATION:

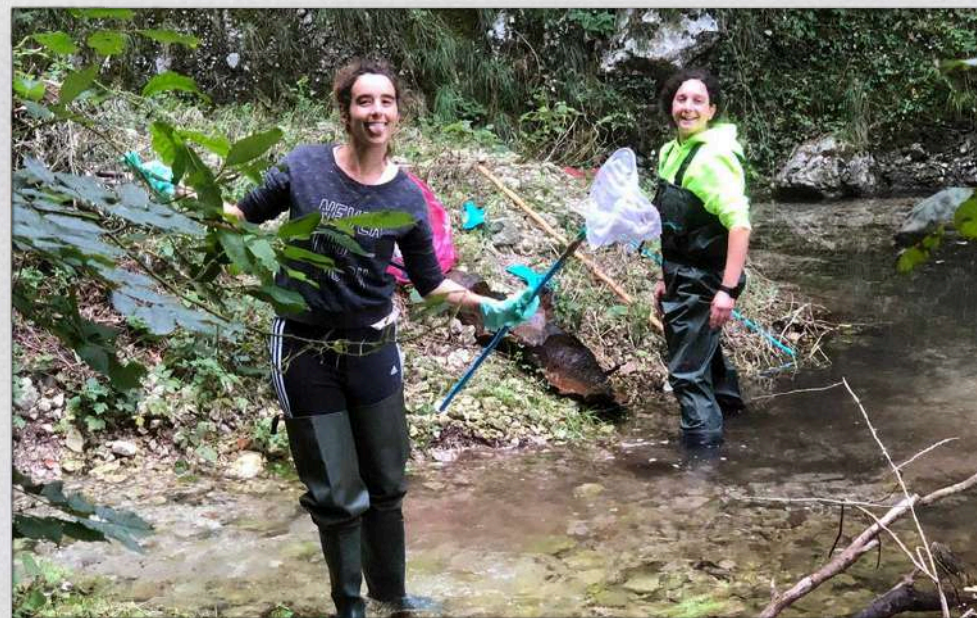
The volunteers will live in 2 independent houses with double or triple rooms, bathrooms, a common kitchen, and a garden.
(Possibility of sharing a double bed)

MEALS:

The volunteers will cook through working shifts.



PROJECT ACTIVITIES



Volunteers will carry out activities 5 days a week
It is possible to have activities during the weekend, but in that case the free days will be moved to the following week.

- Green maintenance and cleaning the lake shores;
- Preparing animals and greenhouses for the winter;
- Moving the museum collections;
- Production of videos and activities for the museum.

PROJECT ACTIVITIES



- Sport activities and Physical health (bike ride; swimming pool; football; etc..)
- Rafting;
- Flight approach;
- Cooking with local products;
- Contact with local families;
- Ceramic and crafts;
- Promoting the Program Erasmus in the local community;

THE IDEAL VOLUNTEER

- motivated and eager to learn
- adaptable and open-minded
- able to work in a team
- respectful of common rules
- loving nature and animals
- If possible some knowledge of video editing



HEALTH INSURANCE

As a European national temporary residing in another EU country (plus Iceland, Liechtenstein, Norway and Switzerland), you're most likely entitled to a European Health Insurance Card that gives you access to medically necessary, state-provided health care under the same conditions and at the same cost (free in some countries) as people insured in that country.



! It's important that you request your EHIC card in your home country before you leave for your mobility since your EHIC card may allow for direct payment in some countries (meaning you won't have to advance your medical bills). Make sure you provide your sending/supporting organisation with the necessary information on your national insurance situation at the time of your enrolment.

As a European Solidarity Corps participant, you will be also covered by a Cigna Group Medical and Non-Medical Insurance Plan that is free of charge to you.



Joint



For more information, please, contact us via mail
with the subject

Team For Healthy Life 2 (T4HL2)
apply.esc@associazionejoint.org

T4HL2
Team For Healthy Life



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